

BpTK/NPCE Round table discussion:

**“Prevention and early intervention for alcohol-related harm:
Learning from best-practice examples in Europe”**

on 9 April 2019 in Berlin

BIOGRAPHIES of the experts

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| <p>Austria</p>  | <p>Alfred Uhl has studied Psychology at the University of Vienna . He is the Deputy head of department “Competence Center Addiction at the Austrian Public Health Institut “Gesundheit Österreich”, Senior Researcher at “Gesundheit Österreich”and lecturer at the Sigmund Freud Private University in Vienna. 2010-2014 Research Coordinator “Addiction Research and Documentation” at the Anton-Proksch-Institute (API) in Vienna. 2000-2009 Director of the Alcohol Coordination and Information Centre (AKIS) of the (API). Since 1999 Member of the Federal Austrian Drug Commission. 10 years of experience in Eu projects e.g.in RARHA “Reducing Alcohol Associated Harm” (Health Programme of the European Union.</p> <p>Alfred Uhl is Member of the Association of Austrian Psychologists (BÖP), the German Society for Suchtforschung und Suchttherapie , the German Society for Addiction Psychology, the European Society of Social Drug Research (ESSD), the German Society for Addiction Research and Addiction Therapy and Austrian Society for Medication Based Treatment of Addicts (ÖGABS)</p> |
| <p>BELGIUM</p>  | <p>Salvatore Campanella has a Dr in psychology and is a a Senior Research Associate at the University of Brussels - CHU Brugman/ Laboratory of Psychological Medicine and Addictology and a Research Associate at FNRS, Université libre de Bruxelles.</p> <p>His main interest consists in finding neural biomarkers (by means of brain imagery techniques (ERP, fMRI)) that can help to optimize treatment for many psychiatric populations, such as depression, anxiety, schizophrenia, and addiction to drugs or alcohol. This should be seen as an add-on tool to classical treatments such as psychotherapy and medication.</p> |

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| <p>BELGIUM</p>  | <p>Hendrik Kajosch works as MD at Psychiatry Department CHU Brugmann. He is deputy head of clinic</p> |
| <p>BULGARIA</p>  | <p>Svetlana Velkova is a PhD in Clinical psychology at Sofia University „St. Kliment Ohridski“. She has worked as a consultant in a service for Internet consultation on issues related to sexual and reproductive health. She has two-year experience in working with young people on projects for reducing violence and aggression in schools, and a five-year experience in working with children with special needs. Svetlana has been trained in Transactional Analysis and in work with addicts in Spain and Bulgaria and worked as a consultant on the National Drugs, Alcohol and Gambling Helpline. Since 2014 she is working as a clinical psychologist at Fracarita Bulgaria – association for rehabilitation of addicts.</p> |
| <p>Bulgaria</p>  | <p>Svetlana Nikolova is a social work assistant and has been working as an assistant in Solidarnost rehabilitation program/ Fracarita Bulgaria since August 2007. Since April 2008, she has also been working as a consultant on the National Drugs, Alcohol and Gambling Helpline. She has been trained in telephone and Internet consultancy in Trimbos Institute, the Netherlands, and in the model of therapeutic community of addicts in Spain. She is a coordinator of the team of the National Drugs, Alcohol and Gambling Helpline.</p> |
| <p>Cyprus</p>  | <p>Maria Karekla, Ph.D. received her doctorate in Clinical psychology with a specialization in anxiety disorders and behavioral medicine from the University at Albany, State University of New York. She is currently a lecturer of clinical psychology at the University of Cyprus and also works as a clinical psychologist in a small private practice (Center for Cognitive Behavioral Psychology). She is a member of the clinical psychology and school psychology program development committees at the University of Cyprus and is a key member in the development of the doctoral level clinical psychology program. Maria is currently a member of the European Awarding Committee for the specialization of psychotherapy of EFPA and has served as a liaison of the Cyprus Psychologists Association to numerous subcommittees and task forces of EFPA. Her main research areas are in the application of Acceptance and Commitment Therapy for various health related problems and anxiety disorders and in examining individual difference factors in the development and maintenance of psychological conditions.</p> |

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| <p>France</p>  | <p>Barak RAZ, Psychologue clinicien et membre titulaire de l'EFTA. Mr. Raz is a psychologist, researcher and a regulated health professional with ADELI. He is also an accredited member of EFTA (European Family Therapy Association). Mr. Raz was trained in Toronto (Canada), Chicago (USA) and Lyon (FRANCE). Mr. Raz has been working in the fields of mental health, family, addictions, trauma, and sleep for over 20 years, and he has extensive experience in outpatient and in-patient, hospital and clinic settings. For a list of published research please refer to https://www.linkedin.com/in/b-raz-4388a959/</p> <p>The guiding questions were completed in cooperation with Dr. D. STRAUB, Médecin Psychiatre, Chef de Service et pole psychiatrie. Centre Hospitalier de Roanne and Dr. D. SCHMUCK, Médecin généraliste, Ancien interne des hôpitaux de Lyon, Capacité en Addictologie. DIU des troubles des conduites alimentaires. Formation hypnose Ericksonniene à l'IMEL</p> |
| <p>Germany</p>  | <p>Dr. phil. Nikolaus Melcop is the vice-president of the board of the German Federal Chamber of Psychotherapists (BPTK), and serves as its commissioner for Europe. President of the Bavarian Chamber of Psychotherapists since 2003. He is a psychology-degreed psychotherapist and has practiced psychotherapy in his own practice for over 25 years. He is trained in behavioural therapy.</p> |
| <p>Hungary</p>  | <p>MátéKapitány-Fövény, PhD, is a senior lecturer at Semmelweis University – Faculty of Health Sciences, Budapest, Hungary and a clinical psychologist at NyíróGyula National Institute of Psychiatry and Addictions. He has a Ph.D. in clinical and health psychology and specialized in addictive disorders. His main research interests include the study of novel psychoactive substances (NPS), the association between ADHD and substance use, the efficacy of innovative prevention programs and the cultural background of psychiatric disorders. He participates in many international research projects. He is a member of the Presidential Board of the Hungarian Association on Addictions and member of the Hungarian Psychiatric Association. He was involved in the development of various national guidelines regarding the treatment of alcohol and opioid use disorders as well as the psychiatric and addiction care of adolescents.</p> |

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| <p>Hungary</p>  | <p>Prof. Dr. Zsuzsanna Elekes is a Professor of Sociology at Corvinus University of Budapest, Institute of Sociology and Social Policy. Her research activities focus on alcohol and illicit drug epidemiology. She participated in several international research projects as the Hungarian principal investigator of the ESPAD (European School Survey Project on Alcohol and other Drugs) and participated in the GENACIS, AMPHORA, ALICE RAP, RARHA, APC and other international projects on the alcohol field. She is the president of the Sociological Committee and member of the Demographic Committee at the Hungarian Academy of Sciences, a publisher and lecturer conducting courses for graduate and PhD students on alcohol and drug epidemiology, social problems, alcohol and drug policy at various universities. She had been awarded by the Hungarian Government for his outstanding work in epidemiology.</p> |
| <p>Hungary</p>  | <p>Dr. Zsolt Demetrovics is Professor of Psychology at the ELTE Eötvös Loránd University, Budapest, Hungary. He is a clinical psychologist (specialized in addiction) and has a Ph.D. in clinical and health psychology (addictive behaviours). He is Head of the Department of Clinical Psychology and Addiction, Director of the Institute of Psychology, and Dean of the Faculty of Education and Psychology at the Eötvös Loránd University. His primary research interests are focused on the characteristics of substance use disorders and behavioural addictions. He is former president of the Hungarian Association on Addictions. Among other roles in scientific organizations he is board member of the European Association of Substance Abuse Research, and he is founder and Editor-in-chief of the Journal of Behavioral Addictions, and chair of the International Society for the Study of Behavioral Addictions.</p> |
| <p>Ireland</p>  | <p>Dr. PH.D. Vasilis S. Vasileiou, Ph.D is a Licensed Clinical Psychologist with specialization in Health Psychology. He is currently a Post-Doctoral Researcher at the University College Cork (UCC) where he leads the health psychology strand of a multidisciplinary project aims at developing a new digitalized harm-reduction intervention for third-level students who misuse illicit substances. He had conducted several research funded projects developing and testing the efficacy of new psychological interventions in mental health, chronic illness and substance misuse problems. He has participated in numerous local, european, and international conferences and has published in scientific journals, policy editions and instructional materials. He is currently a member and president-elect at the local Greece-Cyprus chapter of the Association of Contextual and Behavioral</p> |

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| <p>Italy</p>  | <p>Pierangelo Sardi has graduated in Philosophy and has a post-graduate specialization in Social Psychology. He is a Chartered Psychologist - Psychotherapist since the start of the Italian Register and has a professional psychoanalytic training. He was a Chief Psychologist in Psychiatric Services 1973 – 2002, Representing Italy as project leader in various EU funded RIAs since 1994, Advisor of the Italian Minister of EU Po are: Traffic risks, since 1994, Disaster and crises psychology, since 2001, Psychological Aid to Victims of Terrorist Acts, Psychology of social choices about energy sources. Director of the magazine “Psychologos” 1992-1999, Director of the magazine “Lo psicologo” 2000-2006, About 90 professional and scientific articles, starting from 1972. He was Secretary general of the Association of Italian Psychologists 1981-1999, President of the Italian Society of Psychology for traffic safety 1994-2002, President of the National Chamber of the Italian Psychologists 1999 – 2005, Representing the Federation of Italian Chambers (CUP) to the EU 2000-2010, Member of EFPA Executive Council 2001-09, Vice-president of CEPLIS (Conseil Européen des Professions Libérales) 2004-07, Member of the Italian Economic and Social Council (CNEL) 2005-10, President of CEPLIS 2007-10, Co-president of the www.apiow.org, Association of Psychologists of Italian Origin in the World since 2011. He is a member of the NPCE since the beginning.</p> |
| <p>Italy</p>  | <p>Alberto Zucconi is a psychologist and psychotherapist and the founder and national secretary of the Union of Psychotherapy Schools, Coordinamento Nazionale Scuole di Psicoterapia (CNSP). CNSP represent about the 90% of all the Italian Schools of Psychotherapy recognized by the Italian Ministry of Education. Their post graduate courses are 4 years long and only psychologists and medical doctors can graduate. His own school, the Person Centered Approach Institute (IACP) has been working and works with migrants for long time, they collaborate with the World Academy of Art and Science (WAAS), the World University Consortium (WUC), ILO and WHO on health promotion and resilience and with the issues connected with the migrants and refugees.</p> |
| <p>Lithuania</p>  | <p>Elena Gaudiesiute is a clinical psychologist, her work has a focus on cognitive behavioral therapy. She gave psychological treatment to youth and adults suffering from alcohol and drug addiction in the biggest rehabilitation center in Lithuania, the Center for Addictive Disorders, latterly as head of the department. As a member of the Children Welfare Committee she worked with a team of psychiatrists, social workers, doctors and other psychologists organising help for families with children having behavioral disorders. Currently she is living and working in Mexico.</p> |

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| <p>Poland</p>  | <p>Iga Jaraczewska is a clinical psychologist, cognitive psychotherapist, supervisor of the Polish Association of Cognitive-Behavioural Therapy, trainer of the Motivational Interviewing Network of Trainers, ex-chairperson of the Polish Association of Motivational Interviewing. She works with families and couples and offers individual therapy for stress related problems, anxiety and depression problems such as panic disorder, phobias, post traumatic stress disorder, health anxiety, as well as anger management and dependencies problems (alcohol abuse). She works as a counselor to many organizations and uses coaching strategies for clients who wish to develop their personal and professional skills. She has published books, book chapters and articles on motivation, dependencies and communication in health care. She is a member of the NPCE since the beginning.</p> |
| <p>Portugal</p>  | <p>Jorge Gravanita is a psychologist clinic specialized on Psychotherapy (SPPC). Psychoanalyst, member of Portuguese Centre of Psychoanalysis-CPP-ALI. President of Portuguese Association of Clinical Psychologists (SPPC). Vice-President of Portuguese Federation of Psychotherapy (FEPPSI). Member of the Network for Psychotherapeutic Care in Europe, (NPCE) since 2011. Former Member of the Standing Committee on Psychotherapy (EFPA 2006-2011). Jorge Gravanita coordinates Courses, Seminars and Symposiums, e.g. Seminars of specialization on Psychotherapy as trainer and supervisor (SPPC). He is a member of the NPCE since the beginning.</p> |
| <p>Portugal</p>  | <p>Patricia Brilhante is a clinical psychologist, MsD Clinical Psychology and a psychotherapist (psychodynamic approach) by the Portuguese Society of Clinical Psychology. At present she is working at the Lisbon Alcoholic Unit (Unidade de Alcoologia de Lisboa, ARSLVT, IP), where she coordinates Harm Reduction Area. She is a member of the Portuguese Psychologists Association (<i>Ordem dos Psicólogos Portugueses</i>), specialized in Clinical and Health Psychology. Advance Specialization in Psychotherapy.</p> |
| <p>Rumania</p>  | <p>Roman Viorel is a member and working since 2002 in one of the leading NGO's in Romania in the addiction field, as board member, project manager, executive director and psychologist. Was awarded the prize „The novelty of the year”, 2nd place, in 2012 by the Health Comittee of the Deputy Chamber of the Parliament for the project „Social inclusion centers for people with alcohol dependence”. Alliance for the fight against Alcoholism and Drug abuse (ALIAT), is an association founded in 1993 and the main area of work is: prevention of alcohol and other drugs use and abuse, Treatment for the addicted people, Training for professionals working in the addiction field and Advocacy regarding public policies and national legislation in the field of addictio</p> |

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| <p>Switzerland</p>  | <p>Veronica Isabel Defièbre is a Federal recognized psychotherapist with training in psychotherapeutic psychology and psychoanalytic psychotherapy.</p> <p>Since 2010 she has been a board member of the Association of Swiss Psychotherapists ASP, since 2017 Chairman of the Charter Conference for Psychotherapy ASP.</p> |
| <p>Moderator</p>  | <p>Angelika Kiewel is a Dr. Public Health with a degree in social policy and economics. She is consulting the BPTK in European health policy since 2009. After a career in science she has been working for more than 25 years for a German Federal Health Insurance Association and got experience in health regulatory affairs and politics at national and European level. Special expertise in HTA, pharmaceuticals, and patient participation. She is a lecturer and publisher, e.g. for the German monthly journal „World of Health Insurance“.</p> |